

# SPEC ONE-DAY

We're excited to offer this first-of-its-kind SPEC One-day event!

After considering the many time zones in which our SPEC family lives, this timeframe allows the greatest opportunity for participation during our typical "awake" hours.

We hope you can join us!

## SCHEDULE

(Central Daylight Time)

2:00 p.m.  
Zoom opens... log in and say hello!

2:15 p.m.  
Welcome

2:30-4 p.m.  
SPEC Today

4:30-6 p.m.  
Adventures

6:30 p.m.  
Worship and Backwards Campfire



# DETAILS

**DATE: SATURDAY, JULY 18**

**COST: FREE!**

**START TIME: 2:00 P.M.**  
(Central Daylight Time)

# REGISTER

**Registration is required.**  
Choose the sessions you will attend and the breakout or adventure class in which you'd like to participate.

Zoom links will be sent to the email on the form.

**DEADLINE TO REGISTER:  
THURS, JULY 16 @ 11:59 P.M.**

<https://cofchrist.wufoo.com/forms/z1dvr7z00z5achh/>

# WHERE DO WE GO FROM HERE?

# ONE DAY... THREE SESSIONS

RISK SOMETHING  
NEW

One of the core values of SPECTACULAR is to provide a safe place to risk something new.

We believe having difficult and sometimes awkward conversations with room to explore and learn are critical as we try our best to follow Jesus.

## WORSHIP & BACKWARDS CAMPFIRE

Come experience a SPEC Worship and hear from campers, the worship team, and Community of Christ President Steve Veazey!

We'll end our day with a backwards campfire led by the Seagraves family. You won't want to miss it!

\*Want to be part of the unique experience of creating a SPEC worship?

Contact worship leaders Daniel & Emily, and plan to join them on Wednesday, July 15 at 2:00 CST via zoom.

## SPEC TODAY

Our SPEC Today session will explore the question "Where do we go from here?" with a focus on racial justice.

SPEC Today starts with a large group session and then we'll move into breakout sessions. On the registration form, you'll get to choose which one you'd like to attend.

### BREAKOUT SESSIONS:

**Cultural Appropriation** - learn what it means to appropriate or take over the identity markers of a culture other than your own, identify examples in our every-day lives, and explore ways to combat it.

**Myths White People Tell** - identify things white people tell themselves about race and discuss the impact of current events.

**Scripture & Race** - discuss how scripture supports racial justice

**Social Media for Social Justice** - discuss how to be educated and determine content value on platforms like Tik Tok, Instagram, and others on issues like racial justice.

**Systemic Racism** - explore the idea of systemic racism and discuss its impact on current events.

## ADVENTURES

We have a selection of some of the Adventure class favorites to choose from that could be transferred to the digital realm. Make your selection on the registration form.

**eSports** (Jared Doty) Want to get better? Drills, exercises, and practice you can do to improve your eSports performance!

**#GirlStrong** (Ginelle Sakima Roberts & Kara Vojcsik) Come find your true, authentic power. Unlock your strengths and learn how to own your space in this world.

**Hula** (Trudi Gunderson) Come move your hips, hands, feet at once while smiling and telling a story through Hula.

**Sing It!** (Joey Williams) Bring your voice and get ready sing, have some fun, and be part of an online choir!

**Sports Clinic-Volleyball** (GU Coaches)  
**Sports Clinic-Basketball** (GU Coaches)  
Coronavirus got you or your team on the sidelines? Keep your skills sharp with these drills and games geared for solo practice.

**Waterfall** (SPEC Today) Continue the conversation from SPEC Today and create a safe place to process what you heard and learned about the topic of racial justice.

**Yoga & Meditation** (Amy Black) Come stretch, build strength, learn new poses, and tap into your inner quiet self.